

spring  
2004

Volume 9, Number 2

FAPT Board Members

President:  
**Janet Courtney**

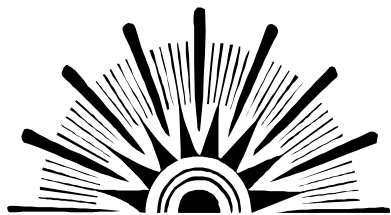
Vice-president:  
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Secretary:  
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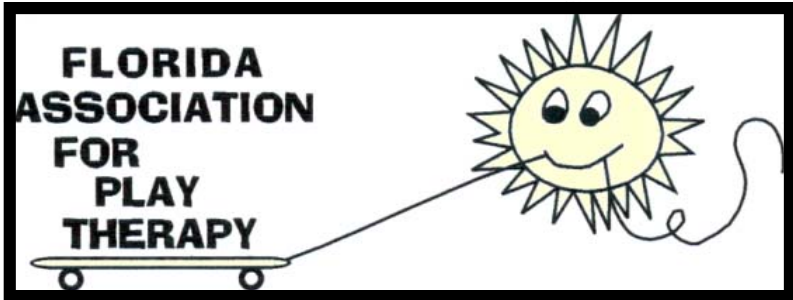
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**Robert Nolan**

Members-At-Large:  
**Terri Gutierrez**  
**Diana Malca**

Immediate  
Past President:  
**Lisa Saldaña**



**SUMMER**  
**FAPT ELECTIONS**



# The Playful Healer

The Newsletter of the Florida Association for  
Play Therapy, Inc.

## Message from the President

Dear FAPT Members.

Our First Annual FAPT conference co-sponsored with the University of Central Florida on February 27 and 28 was a great success! Close to 160 participants attended the conference with several new members joining our Association. On the first day, **Dr. Eliana Gil** opened the program with a very enlightening workshop on Family Play Therapy. The following Saturday there were ten excellent informative workshops held by Presenters from all around the State. I especially enjoyed reconnecting with all the members I have known in the past and meeting the new members.

.I want to give a big "thank you" to **Dr. Leslie Jones** from UCF who helped in organizing the conference, providing the facility, and took care of many details

time consuming tasks that made the conference such a success.

In addition, we had an excellent annual conference committee that worked very hard for over 15 months to carefully plan all the details of the conference. We are now in the process of appointing another committee to begin planning our second annual FAPT committee.

Janet A. Courtney..

Continued on page 7.

### Contents:

News from APT.....	2
News from FAPT.....	3
Becoming a play Therapist.....	4
Book review.....	5
A poem.....	6
<b>Nominations</b> .....	7
Cont'd letter from president.....	8
Membership.....	10



## News from The Association for Play Therapy

### Foundation for Play Therapy

APT asks members to make a tax-deductible contribution to its Foundation for Play Therapy by April 30 to fund an independent research study intended to enhance the credibility of play therapy among the general public, particularly parents, managed care providers, education institutions, etc. A contribution form is displayed at the end of the semi-monthly e-Bulletin (see website like at [www.a4pt.org](http://www.a4pt.org)). Contributions can also be made in conjunction with payment of annual membership dues.

### Spring Play Therapy Institutes

APT is sponsoring two intensive regional Spring Play Therapy Institutes for only advanced (150 or more play therapy training hours) and beginning (or new) play therapists. Brochures with registration forms can be obtained from APT or its website, [www.a4pt.org](http://www.a4pt.org):

#### Fort Wayne Marriott, Fort Wayne, IN

Fri-Sat, April 30-May 1, 2004, 8:30a-4:00p daily, 12 hours

Advanced - **Linda Homeyer**,

PhD, RPT-S, \$250

Beginning - **Scott Riviere**,

LPC, RPT-S, \$225

Sun, May 2, 8:00a-12:00n,

Play Therapy Clinical Supervision, 4 hours,

Register by April 10, 2004. \$125

#### Sheraton Chapel Hill, Chapel Hills, NC

Fri-Sat, May 14-15, 2004,

8:30a-4:00p, 12 hours

Advanced - **Kevin O'Connor**, PhD, RPT-S, \$250

Beginning **Paris Goodyear-Brown**, LCSW, RPT-S, \$225

Sun, May 16, 8:00a-12:00n, Play Therapy Clinical Supervision, 4 hours, \$125

Register by April 24

### 2004 Conference

Attendees can choose from 33 play a therapy hours of training at the 2004 APT Conference & Pre-Conference at the Omni Interlock Resort Hotel in Broomfield, CO on Oct. 5-9. The brochure with registration form will be mailed to members in May and displayed on its website, [www.a4pt.org](http://www.a4pt.org).

### Research Grants

Mental health professionals wishing APT financial support to conduct research that demonstrates the effectiveness of play therapy may submit grant applications by June 30. Applications may be obtained from APT or printed from its website Forms section, [www.a4pt.org](http://www.a4pt.org).

### Bill Burns, CAE

Executive Director

Association for Play Therapy, Inc.

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Fresno, CA 93703 USA

(559) 252-2291, Fax (559) 252-2297

bburns@a4pt.org, [www.a4pt.org](http://www.a4pt.org)

### IDEAS, STORIES, POEMS NEEDED!

Do you have any ideas you would like to share with us? Any innovative and creative techniques that you may have improvised? Please share, we would love to share with other members. mail to Diana Malca, c/o FAPT, 16300 NE 19th Ave. suite 233, North Miami Beach, Fl. 33162 or e mail, [dmalca@bellsouth.net](mailto:dmalca@bellsouth.net)

### The Playful Healer

Editor:

Diana Malca

Contributors:

Janet Courtney and Tracey Nicole Setliff

# FAPT NEWS

## FAPT ELECTIONS

It is election time as mentioned by our FAPT President, Janet Courtney. The Nominations are for President, Vice-President and One Member at Large. Those may be sent to **Lisa Saldaña, LMHC, 7765 SW 87th Ave, Suite 104 Miami, Florida 33173**. The nominations will be published on our next issue

**The deadline is June 1st, 2004.** We hope to see more involvement and welcome all members to participate. There will be candidates from many different places throughout Florida. All members have many things in common, but the main denominator is our commitment for the welfare and improvement of child mental health, and the dedication to working with children, an avid interest and experience in the field of play therapy.

### Tampa Bay Chapter

**Loretta Gallo Lopez**, the president of our Tampa Bay Chapter announces that the Tampa Bay Chapter will be holding its next meeting on Thursday, April 22 at the University of South Florida. For further info please e-mail or phone **Loretta Gallo-Lopez** at [glfour@aol.com](mailto:glfour@aol.com) 813-9631016.

According to **Jennifer Baggerly**, from the Tampa Bay Chapter, the University of South Florida is offering a **Graduate Certificate in Play Therapy**. The first course, Introduction to Play Therapy, a four hour graduate course, will be offered on...

May 13 through July 20th. All interested people should contact **Dr. Jennifer Baggerly** at 813-974-6714 or [baggerly@tempest.coedu.usf.edu](mailto:baggerly@tempest.coedu.usf.edu)

### Miami-Dade Chapter

Supervision Groups will start again in April and run throughout the summer. Notification of date, time and place will be by email. Please be sure that [powerofplay@att.net](mailto:powerofplay@att.net) has your email address and those of interested colleagues.

We are in the process of getting Play Therapy CEU approval for our **educational meetings**. The first one is planned for **April**. We will be sending further information by email.

We have been mentoring other groups interested in forming their own chapters. If you are interested, please get in touch. We enjoy sharing our experience and supporting fellow professionals.

**Deidre Skigen, LMHC**

President, Miami-Dade Chapter

### Broward Chapter

According to **Ines Noto**, the chapter has been brainstorming for ideas in how to bring in training inclusive of having the training as part of our chapter meetings.

### Central Florida

Central Florida meets the last Thursday of each month from 8:30-10am at the Howard Phillips Center at 601 W. Michigan Street, Orlando, 32805 for networking and consultation. They pick a topic to focus on, such as anxiety post 9/11 or children with an absent parent; other times we simply staff cases for feedback.

Jill K. Davis, LCSW, RPT

### CONGRATULATIONS!

We want to recognize and welcome three people in this newsletter: **Shea Hughes-Brand, LCSW, Tallahassee, FL** and **Tina Williams, LCSW, Tampa, FL**. In addition, our dear FAPT Secretary, is now an RPT-S, **Elaine Sadkowsky, from Miami, FL**.

# On Becoming A Play Therapist



As a regular feature in the newsletter, we'd like to meet our members, share what they've learned on their journey towards becoming a Play Therapist and honor the people who have contributed to their professional development.

Take a moment to think about who you are professionally, as well as how you got here. What caused you to become a Play Therapist? Who was your greatest influence? What is the most important thing you've learned? If you would like to participate, go to our website

([www.floridaplaytherapy.org](http://www.floridaplaytherapy.org)) and complete the Member Survey. Or, answer the following questions on a piece of paper and mail it to:

**Diana Malca, c/o FAPT 16300 NE 19th Ave. suite 233. North Miami Beach, FL. 33162. Or [dmalca@bellsouth.net](mailto:dmalca@bellsouth.net)**

In this issue we meet **Tracey Nicole Setliff, MSW.**

Registered Clinical SW Intern. She is currently working on becoming an RPT or RPT-S. Tracey resides in City Sarasota, FL..

Her practice Location is in Community Care Family Clinic.

**What moved you to learn about Play Therapy?**

I was intrigued by children presenting important messages through play when I worked in Foster Care.

**Did you have any classes in Play Therapy in your graduate program? If not, how did you go about getting your Play Therapy education?** Yes, it was an elective.

**Do you have a favorite Play Therapy book? What is it and who is the author?** The Healing Power of Play Therapy by Eliana Gil

**Who was the person who most influenced you as a Play Therapist? How?**

Pat Davidson, clinical supervisor. She told me I would be a good play therapist. It was her belief in me that confirmed the direction of my career.

**If you had to identify only one essential learn?**

When to be directive and when to be non-directive

**What advice would you give to a student who said they wanted to become a Play Therapist?**

Read as much as you can on the techniques, buy videos, get supervision, and practice.

## BOOK REVIEW



### Understanding the Borderline Mother:

**Helping Her Children Transcend the Intense, Unpredictable, and Volatile Relationship (2000).**

**By: Christine Ann Lawson.**

**Reviewed by Diana Malca, RPT-S, LCSW, CPT-S.**

Many therapists who work with children have met at least one mother who suffers from borderline personality disorder. BPD is recognized as a disorder that entails "...a pervasive pattern of instability of interpersonal relationships, self image, and affects, and marked impulsivity..." DSM IV, 1994.

Borderline personality disorder is a complex and widely explored personality disorder. Many report that BPD has poor prognosis, and few changes are perceived by their significant others. However, talk therapy has been successful when combined with behavioral and educational therapy. I believe that many have positive changes especially when the borderline mother can establish and have a good solid trusting relationship with the therapist.

The book is about children with borderline mothers, and mothers who suffer from BPD.

The author skillfully presents the borderline mother through characters from fairy tales. She relates about the "Waif Mother, The Hermit Mother, The Queen mother, and the witch mother," and proceeds with chapters on "loving the mother without the borderline characteristics".

It is highly recommended for all of us who work with this population. It helps in gaining greater understanding and empathy to the issues they go through.

Diana Malca, LCSW, RPT-S.

#### Advertise in the FAPT Newsletter

Business card sized: \$10.00

1/4 page: \$25.00 1/2 page: \$50.00

Full page: \$75.00

Contact Diana Malca (305-945 2774 or Dmalca@bellsouth.net to advertise in the next newsletter.

FAPT reserves the right to reject or cancel advertising for any reason. We will not accept any ad that discriminates against any group or individual.

*The publication of any advertisement in the Playful Healer is not an endorsement of the products or services advertised. FAPT is not responsible for any claims made in the advertisement*

## FAPT Board Contact Info

### President:

**Janet Courtney, LCSW, RPT-S**

600 Sandtree Drive Suite 203-C Palm Beach Gardens,

FL 33403. 561-624-8819 ext. #3

FAPTcentral@myacc.net

### Vice President:

**Larry Rubin, PhD, RPT-S**

941 NE 19 Ave. #204 Ft. Lauderdale,

Florida 33304. Tel. 954-875-8505

e-mail: rubin@pstcomputers.com

### Interim Treasurer:

**Robert Nolan, PhD, RPT-S**

The Children Psychiatric Center, Inc.

15490 NW 7th Ave. #200, Miami, FL 33169

### Secretary:

**Elaine Sadkowski LCSW**

10051 NW 50th Manor, Coral Springs, FL

33076 (305)558-2480.

email:cess1022@aol.com

### Members at Large:

**Teresa Gutierrez, LMHC**

7721-D SW 56 Avenue Miami, FL 33143

(305)498-6617

gutierrezteri@yahoo.com

**Diana Malca, LCSW, RPT-S**

20225 NE 34th Ct. #1514 Aventura, FL 33180

305-945-2774 email:dmalca@bellsouth.net

### Immediate Past President:

**Lisa Saldaña, LMHC, RPT-S**

7765 SW 87 Avenue Suite 104

Miami, Florida 33173 (305) 975-4690

Email: lisasaldana@aol.com

## A poem....

By: Deidra Skigen

On Saturday, **Norma Bonet**, L.C.S.W. and I presented a workshop entitled, The Importance of Play for the Play Therapist. We were delighted with the creativity, enthusiasm and interest of our attendees. They were proof that Play Therapists love to play. Briefly participants were divided into three groups and were told to create a puppet that represented themselves as a play therapist. The small group members needed to work together to give each puppet a voice and to create a story. The results certainly were unique, funny and relevant. We provided paper bags, ribbon, glue, sequins, markers, and more. The puppets rivaled Folkmanis' finest. One group thought outside the box and wrote a poem. We can't recreate the skits but we can share the poem.

Who am I?  
I play in the sand,  
I glue on beads,  
I use my hands,  
To find out needs.

I sit on the floor  
Or walk all around.  
I speak in metaphor,  
To explain what I've found.

Whether young or old  
The child within  
Will begin to unfold.  
Let the process begin!

Do we have enough time?  
I'm checking my wrist...  
Who am I?  
I'm a play therapist!

Special Thanks to our poets: **Susan Sikes, Danyel Hancock, and Maria Sanchez-Masi**

# Call for nominations.

Please fill out the nomination form below and return to the address indicated by June 1, 2004. This is a wonderful opportunity to nominate someone you know or yourself for the below available positions. Elections will be held this summer with the installation of the new Board members in October at our FAPT Annual Membership Meeting held at the APT conference in Colorado.

**President:** \_\_\_\_\_

**Vice-President:** \_\_\_\_\_

**Member At Large:** \_\_\_\_\_

Student Member : \_\_\_\_\_

Send to:

**Lisa Saldana, C/O FAPT 7765 SW 87th Ave, Suite 104 Miami, Florida 33173.**

Continued from page 1..

## **Message from the president**

Among one of the highlights of the conference was the opportunity to welcome the Orlando membership as our newest FAPT Chapter. We now have a total of four Chapters, including Broward, Miami-Dade and Tampa. Our FAPT board is here to help answer questions and to support new Chapters in forming. Please contact Vice-president, **Larry Rubin**, for further questions and support. Welcome to our new editor of this newsletter, **Diana Malca**. Diana is our current Member-at-Large and has taken on the challenging task of continuing our newsletter. **Lisa Saldana**, the former editor, is moving on to play a larger role as President of APT beginning October, 2004. Good luck to you Lisa!! We are proud of you. To all members, please remember to still contribute articles, book reviews, comments, jokes, etc. to help continue the success of the newsletter.

In this newsletter we are accepting nominations for three Board openings: **President, Vice-President and one Member-at-Large position**. So please take the time to fill out the nominations ballot and send it in before the deadline. This is a wonderful opportunity to nominate a member or YOURSELF that you believe would make an excellent candidate as a FAPT Board member. In addition, we are also looking for someone who is adept at accounting to be placed in our Treasurer's position, as this position is only temporarily covered. Please contact me if you or someone you know might be interested in fulfilling this position.

I want to take this opportunity to announce that I will not be running for a second term as President of FAPT. My dissertation calls me...and so does my dissertation committee at Barry University. I realize that if I don't start making some serious commitments to my school deadlines, I may never get this Doctorate finished.

My problem is that my life is very fulfilling as it is including being FAPT President. However, changing roles does not mean that I am going anywhere as I will still be included as an on-going board member of FAPT as the Immediate Past President.

In appreciation of your Service to Children,

**Janet A. Courtney**



### APT MEMBERSHIP APPLICATION

The directory information provided below will, unless otherwise noted, appear in your annual Membership Directory listing. Please provide the information requested in each item.

"I wish to promote and support the field of play therapy by becoming a Member of the Association for Play Therapy, Inc. and the Florida Association for Play Therapy, Inc. Branch!"

Category: \_\_\_\_\_ Professional (Individual mental health professional)  
\_\_\_\_\_ Affiliate (full-time student, parent, etc.)

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

Degree/Designation \_\_\_\_\_ Business/Affiliation: \_\_\_\_\_

**Sponsor Name (not required)** \_\_\_\_\_

Branch: **Florida** SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (Confidential. Used only for identification purposes)

Address: \_\_\_\_\_ City \_\_\_\_\_ State: **FL** Zip: \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

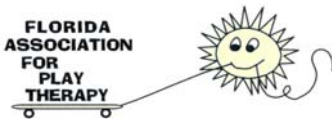
**Annual Dues:** Professional Members: APT: \$ **55.00** + Florida Branch: **\$20.00** = **\$75.00 Total dues**

Student/Affiliate Members : APT **\$ 30.00** + Florida Branch **\$10.00= \$ 40.00 Total Dues**

\_\_\_ Check/Money Order Credit Card: \_\_\_ Visa \_\_\_ MasterCard Acct. # \_\_\_\_\_

Expiration Date (mm/yy) \_\_\_\_\_ Signature: \_\_\_\_\_

**Mail application with payment to:** Association for Play Therapy; 2050 N. Winery Ave. #101,  
Fresno, California 93703 Fax: 559-252-2297



[www.floridaPlaytherapy.org](http://www.floridaPlaytherapy.org)

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