## LISA SALDAÑA

Lisa Saldaña is a Licensed Mental Health Counselor and a Registered Play Therapist-Supervisor in Miami, Florida. Lisa has been teaching play therapy and providing play therapy training and supervision since 1993. She is the Director of In-service Training at The Institute for Child and Family Health, Inc. and is a past president of both the Florida Association for Play Therapy and the national Association for Play Therapy (www.a4pt.org).



### **Our Mission:**

The Institute for Child and Family Health is committed to empowering the children, youth, and families of our community by providing services that enhance their emotional, physical, and educational wellbeing.

### **Our Vision**

The Institute for Child & Family Health is improving the communities we serve by providing outstanding primary and behavioral health services to all those who seek care. We accomplish this by attracting professionals and volunteers who are passionate about what they do, and who strive to better our community through a multidisciplinary health care approach that is both affordable and responsive to individual needs.

## **CONTINUING EDUCATION**

These workshops are sponsored by The Institute for Child and Family Health, Inc. (I.C.F.H.). While each two hour session is a complete presentation in and of itself, participants who attend all 12 sessions receive a comprehensive introduction to the modality of play therapy, including the rationale for play therapy, its history, and the major theoretical approaches. Each presentation will provide 2.0 contact hours of continuing education credit as listed. In order to receive credit for each session. full attendance is required. Late arrivals and early departures will preclude the awarding of continuing education credit. If you have questions regarding continuing education, please call I.C.F.H.'s Inservice Training Program at 305-274-8367.

*Psychologists:* The Institute for Child and Family Health, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Child and Family Health, Inc. maintains responsibility for this program and its content.

*Florida Professionals:* The Institute for Child and Family Health, Inc. is approved as a provider by the Florida Board which oversees LCSW's, LMFT's and LMHC's. Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider Number 50-1971, expires 3/2015.

*Play Therapy:* The Institute for Child and Family Health, Inc. is approved by the Association for Play Therapy to offer continuing education specific to play therapy. APT approved provider 98-037.

# The Play Therapy Series

# at the

# Institute for Child & Family Health, Inc.



With **Lisa Saldaña, LMHC** Registered Play Therapist-Supervisor

# Location:

The Institute for Child & Family Health, Inc. Sunset Clinic 9380 Sunset Drive Miami, Florida 33173

www.ICFHINC.org

## TRAINING OBJECTIVES:

This series of workshops will introduce participants to the basics of play therapy and working with children. While each two hour session is a complete presentation in and of itself, participants who attend all twelve sessions receive a comprehensive introduction to play therapy, including legal and ethical issues, the rationale for play therapy, its history, and major theoretical approaches. Participants will also learn how to set up a play therapy room or a traveling play therapy kit, how to utilize the toys and items they have, and the use of play therapy with different populations.

For specific information about the objectives for each session, please contact our office.

#### THE SCHEDULE:

All Sessions Will Take Place at I.C.F.H.'s Sunset Clinic on *THURSDAY* mornings, from 10:00 am to 12:00 noon. Seating is limited. Pre-registration is required.

Session # 1 <sup>4</sup>February 14, 2013 Legal and Ethical Issues in Play Therapy

Session # 2 February 21, 2013 A Brief Introduction to Play Therapy: History & Foundations

Session # 3 February 28, 2013 The Use of Metaphor in Play Therapy: Toys, Their Meanings and Themes

Session # 4 March 7, 2013 Setting Up the Play Room or Play Therapy Kit and Setting Limits in the Play Room

Session # 5 March 14, 2013 Assessment and Diagnosis in Play Therapy

### Session # 6 March 21, 2013 Family Play Assessment and Family Play Therapy

Session # 7 March 28, 2013 Cognitive-Behavioral Techniques in Play Therapy and Working with Parents

Session # 8 April 4, 2013 Play Therapy to Address Attachment Issues

Session # 9 April 11, 2013 Play Therapy With Abused or Traumatized Children

Session #10 April 18, 2013 The Use of Art in Play Therapy

Session #11 April 25, 2013 The Use of Board Games and Sand Trays in Play Therapy

Session #12 May 2, 2013 Introduction to Group Play Therapy/ Termination Issues in Play Therapy

#### FEES:

*Employees of the Institute for Child and Family Health* may attend these sessions for free, however, you MUST pre-register. Seating is limited.

*Non-I.C.F.H. attendees:* Each workshop is \$30.00, with discounts available when you register for 5 or more sessions. In case of participant's cancellation, the session fee will be refunded in full, if requested at least three business days prior to the session. If I.C.F.H. must cancel, the fee for that session only will be refunded, or the participant may reschedule for a different session. Registration is limited, and will be handled on a first-come-first-served basis. For more information, or in regards to the special needs of any participant, please contact the Training Program at 305-274-8367 or Training@icfhinc.org.

# **Registration Form**

SEATING IS LIMITED! You Must Pre-register!

Name:	
License	type and #:
Agency:	
Preferred mailing address: 🗆 Home 🛛 Office Address:	
Day pho	ne:
Evening	phone:
*Email:	
Circle t ALL	for \$25.00 each gister for all 12 for only \$290.00! he sessions you wish to attend: 1 2 3 4 5 6 7 8 9 10 11 12 we enclosed a check for \$
	Please make checks payable to: ICFH Mail this form, <i>with payment</i> , to:
	In-Service Training Program stitute for Child & Family Health, Inc. 380 Sunset Drive Suite B-235
	Miami, Florida 33173
T	he Training Programs can be reached at: 305-274-8367
	or Training@icfhing.org