## SOUTH FLORIDA PLAY THERAPY TRAINING - 2008 PARTICIPANT- CENTERED LEARNING: EXPERIENCE, EXPLORE, SHARE, NETWORK

Sponsored by the Association for Community Counseling, All 'Bout Children, Inc. and the Palm Beach and Martin County Chapter of the Florida Association for Play Therapy Note: See page 2 and 3 for learning objectives. Registration form on page 4.

## A Playful Parenting Course: Don't Take It Personally

**February 23, 2008** 

Presenter: Grace Childs LCSW

Using play therapy to teach parenting skills.

## Filial Therapy: Teaching Therapeutic Play Skills to Parents

**February 24, 2008** 

Presenters: Linda B. Hunter PhD, RPT-S, LCSW; Rebecca Matte MFT, MHC Theory and skills of helping parents to become part of the solution to their child's problems.

## Healing Trauma: Play Therapy and EMDR

March 15, 2008

Presenter: Roxanne Grobbel JD LCSW

Observing and treating the underlying issues revealed in children's play.

#### Play Therapy Groups in Diverse Community Settings

March 16, 2008

Presenter: Linda Hunter PhD, RPT-S

Facilitating child-centered play therapy to heal both individual and social interaction issues.

## Play Therapy for Children with Disorders of Sensory Integration (DSI)

April 12, 2008 -

Presenter: Brenda Bierdeman PsyD

Modify therapeutic environments and techniques to assess and work successfully with these children.

## Sandplay-Nature Play Therapy: From Box to Beach- Theory and Experience - April 13, 2008

Presenters: Linda B. Hunter PhD, RPT-S, CST-T; Rebecca Matte MHC, MFT

Experiential creative play interspersed with guided understanding of the sandplay process and product.

#### **Reflective Supervision:** Understanding Play Therapy from the Inside

May 16, 2008

Presenters: Jane Robinson LMHC RPT-S; Linda Hunter PhD RPT-S; Roxanne Grobbel JD LCSW Relationship -based process of creating a sense of safety, cultural caring and support for supervisees

#### Culturally Sensitive Play Therapy: Entering the Child's World

May 17, 2008

Presenters: Jane Robinson LMHC RPT-S; Linda Hunter PhD RPT-S; Roxanne Grobbel JD LCSW Identify theories and techniques for using child-centered play therapy to bridge cultures.

**Hours**: 9:00-4:00 includes working lunch and small group reflective supervision =7 CEU per day

**Location**: 2773 South Ocean Blvd. Palm Beach (A1A just north of Lake Worth bridge)

Cost: \$90 per day, \$80 APT members (includes APT CEs) + \$15 for FL CEU

Paid pre-registration required by check made out to All 'Bout Children

Go to www.AssociationforCommunityCounseling.org or Call (561) 638-0908 for information or to register.

Announcing the formation of a **Sandplay study and consultation group** for therapists using Sandplay with clients. Weekend hours. Space limited. Linda B. Hunter PhD, RPT-S, CST-T

The Association for Community Counseling is a Continuing Education approved provider by Florida (LMHC, LMFT, LCSW # BAP 49) and by the Association for Play Therapy (APT) (# 99-051).

## SOUTH FLORIDA PLAY THERAPY TRAINING - 2008 PARTICIPANT- CENTERED LEARNING: EXPERIENCE, EXPLORE, SHARE, NETWORK

#### LEARNING OBJECTIVES

A Playful Parenting Course: Don't Take It Personally February 23, 2008

Presenter: Grace Childs LCSW Using play therapy to teach parenting skills

Learning objectives: Following the workshop participants should be able to:

- 1. Use play therapy techniques to help parents develop healing bonds with their children.
- 2. Use play therapy to assess and work with parents' resistance to change.
- 3. Use play therapy to help parents learn new parenting styles.
- 4. Teach play therapy communication skills to help parents improve relationships with children.

### Teaching Therapeutic Play Skills to Parents: Filial Therapy February 24, 2008

Presenters: Linda B. Hunter PhD, RPT-S LCSW; Rebecca Matte MFT, MHC Theory and skills of helping parents to become part of the solution to their child's problems.

Learning objectives: Following the workshop participants should be able to:

- 1. Explain the role of play in developing a positive relationship between parent and child.
- 2. Demonstrate teaching basic filial therapy skills to parents including reflective listening, encouragement, therapeutic limit setting and the "do's and don'ts" of special play times.
- 3. Provide constructive feedback to facilitate parent skill development.
- 4. Help parents understand the themes and issues demonstrated in their children's play.

#### **Healing Trauma: Play Therapy and EMDR**

March 15, 2008

Presenter: Roxanne Grobbel JD, LCSW

Observing and treating the underlying issues revealed in the child's play.

Learning Objectives: Following the workshop participants should be able to:

- 1. Understand trauma and its affect on children and how it may be exhibited in their behavior
- 2. Identify how trauma or loss can result in problem behaviors/symptoms
- 3. Apply play therapy to help children work through trauma
- 4. Understand how EMDR works with play to reprocess dysfunctional traumatic memories.

  (Note: Using EMDR requires specific training which will not be given in this workshop)

#### Play Therapy Groups in Diverse Community Settings March 16, 2008

Presenter: Linda Hunter PhD. RPT-S

Facilitating child-centered play therapy to heal both individual and social interaction issues.

Learning Objectives: Following the workshop participants should be able to:

- 1. Provide free and protected space for individual work within the group play therapy context.
- 2. Relate to the child's perspective by observing play and non-verbal behaviors.
- 3. Use play therapy listening/responding skills to create relationship, communication, and trust.
- 4. Use play therapy techniques to accept and manage children's difficult feelings and behaviors.

# Play Therapy for Children with Disorders of Sensory Integration (DSI) April 12, 2008 Presenter:

Brenda Bierdeman PsvD

Exercises and activities engage participants in this multi-sensory learning experience.

Learning Objectives – In this workshop participants will learn:

- 1. To assess and diagnose children with disorders of sensory integration.
- 2. To more accurately interpret behavioral symptoms in light of sensory issues.
- 3. How to modify the treatment environment to accommodate children with DSI.
- 4. How to modify play therapy strategies and techniques to accommodate children with DSI.

## Sandplay-Nature Play Therapy: From Box to Beach-Theory and Experience April 13, 2008

Presenters: Linda B. Hunter PhD, RPT-S, CST-T; Rebecca Matte MHC, MFT

Experiential creative play at the beach interspersed with guided understanding of the sandplay process and product.

Learning Objectives: In this workshop participants will learn:

- 1. The dos and don'ts of being the 'witness' as clients build scenes in the sand.
- 2. The elements involved in understanding symbolic meanings in sand tray scenes.
- 3. Ways to incorporate non-traditional elements and spaces into play therapy sessions.
- 4. How to organize and facilitate group sandplay therapy sessions.

### Reflective Supervision: Understanding Play Therapy from the Inside May 16, 2008

Presenters: Jane Robinson LMHC RPT-S; Linda Hunter PhD RPT-S; Roxanne Grobbel LCSW Relationship -based process of creating a sense of safety, cultural caring and support for supervisees.

Learning Objectives: Following the workshop participants should be able to:

- 1. Understand the importance of self-awareness and reflection in relationship based work.
- 2. Engage in reflective practices to help inform their work, relationships and interventions.
- 3. Describe the science underlying reflective supervision's effectiveness.
- 4. Understand the case consultation model for reflective supervision.

### Culturally Sensitive Play Therapy: Entering the Child's World May 17, 2008

Presenters: Jane Robinson LMHC RPT-S; Linda Hunter PhD RPT-S; Roxanne Grobbel LCSW Identify theories and techniques for using child-centered play therapy to bridge cultures.

Learning objectives: Following the workshop participants should be able to:

- 1. Understand how to enter the child's world without judgment
- 2. Use child centered play therapy to relate to diverse children and their cultures
- 3. Assist families of all cultures to relate to their children within their own value system
- 4. Learn the value orientation of the families and cultures they work with

Announcing the formation of a **Sandplay study and consultation group** for therapists using Sandplay with clients. Weekend hours. Space limited. Linda B. Hunter PhD, RPT-S,CST-T

**Hours**: 9:00-4:00 includes working lunch and small group reflective supervision =7 CEU per day

All programs include multiple experiential activities, discussion, videos, etc.

Schedule: 8:30 registration, light breakfast food available

9:00 program

10:30 networking discussion opportunity

10:45 program

12:00 lunch provided – small group discussions

1:00 program

2:30 networking discussion opportunity

2:45 small group reflective supervision, apply ideas to participants' cases 3:45-4:00 questions, wrap-up, evaluation

Each day program can be attended separately but each weekend has a theme and the second day's material will build on the first.

Go to www.AssociationforCommunityCounseling.org or Call (561) 638-0908 for information.

The Association for Community Counseling (ACC) is approved by the Florida Department of Professional Regulation to provide continuing education to LMHC, LMFT, and LCSW (Provider # BAP 49) and by the Association for Play Therapy to offer continuing education specific to play therapy (Provider # 99-051).

\_\_\_\_\_\_ REGISTRATION Name\_\_\_\_\_Phone\_\_\_\_ Address Amount Enclosed Email February 23, 2008 ☐ Play Therapy for Children with ☐ A Playful Parenting Course: **April 12, 2008 Disorders of Sensory Integration (DSI)** Don't Take It Personally ☐ Filial Therapy: February 24, 2008 ☐ Sandplay–Nature Play Therapy: **April 13, 2008 Teaching Therapeutic Play Skills to Parents** From Box to Beach- Theory and Experience **Healing Trauma:** March 15, 2008 ☐ Reflective Supervision: May 16, 2008 Play Therapy and EMDR Understanding Play Therapy from the Inside ☐ Culturally Sensitive Play Therapy: □ Play Therapy Groups in March 16, 2008 May 17, 2008 **Diverse Community Settings** Entering the Child's World

Cost: \$90 per day, \$80 APT members (includes APT CEs) + \$15 for FL CEU

Paid by check pre-registration required.

Mail check made payable to: All 'Bout Children

931 Village Blvd. Ste. 905-370 West Palm Beach FL 33409

**\$10 discount** for registrations received at least 3 weeks prior to program date.

Cancellations must be received in writing 7 days prior to program date to receive a refund. With advance notice, payment can be shifted to another workshop or transferred to another person. Full refunds will be given if a program is cancelled.

Last minute attendance possible on space available basis.

**Location:** 2773 South Ocean Blvd. Palm Beach (A1A just north of Lake Worth bridge)